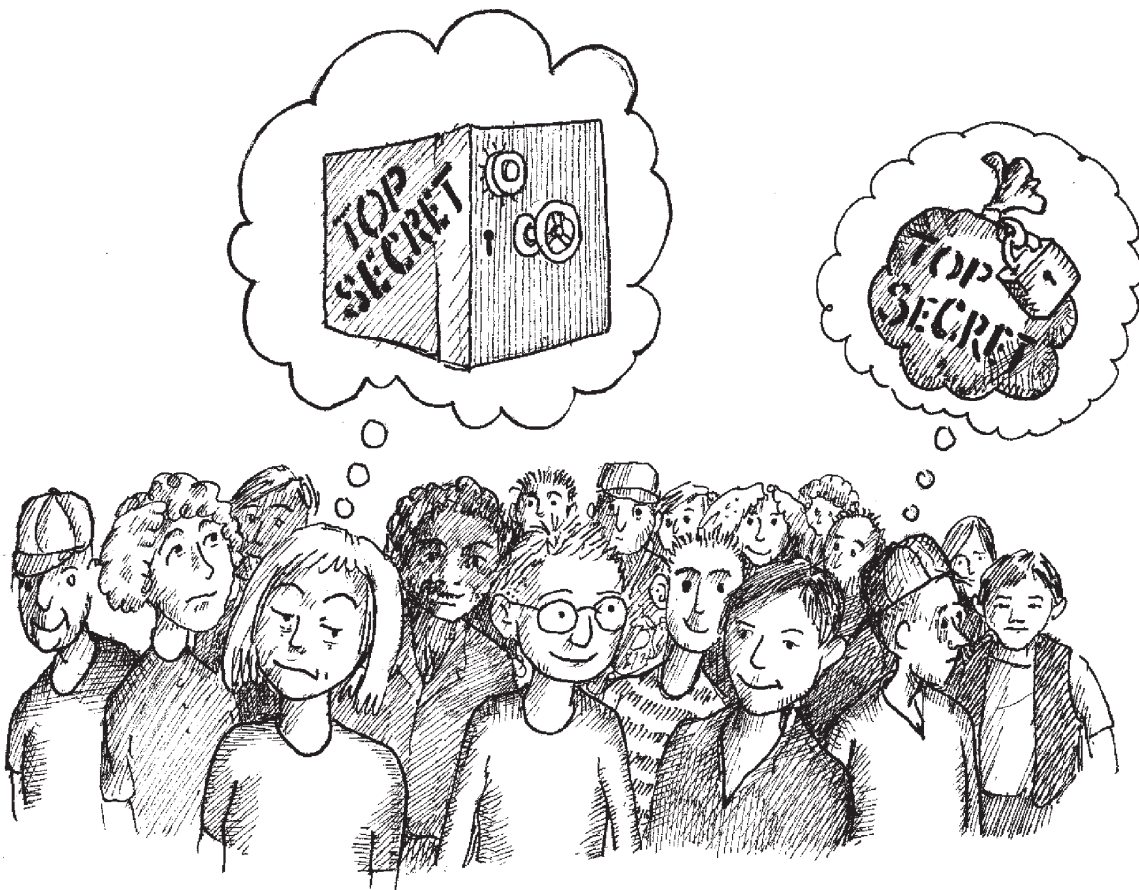


The secret problem

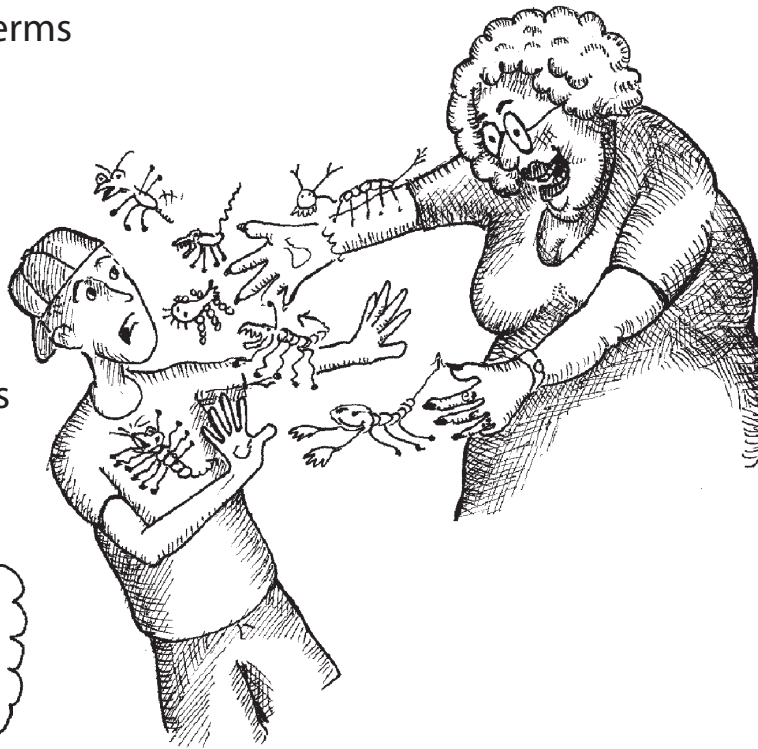
Some children and teenagers have a secret problem. They think that if others knew, they would laugh or think they were weird.



This secret problem can be the way strange ideas keep coming into your head even though you know they are silly. Or it could be doing really dumb things over and over again. Having the strange ideas and doing the dumb things often happen together.

If you have the secret problem it might make you think that...

...you will get germs from people...



...or worry that your hands are dirty, when you know that they are not...



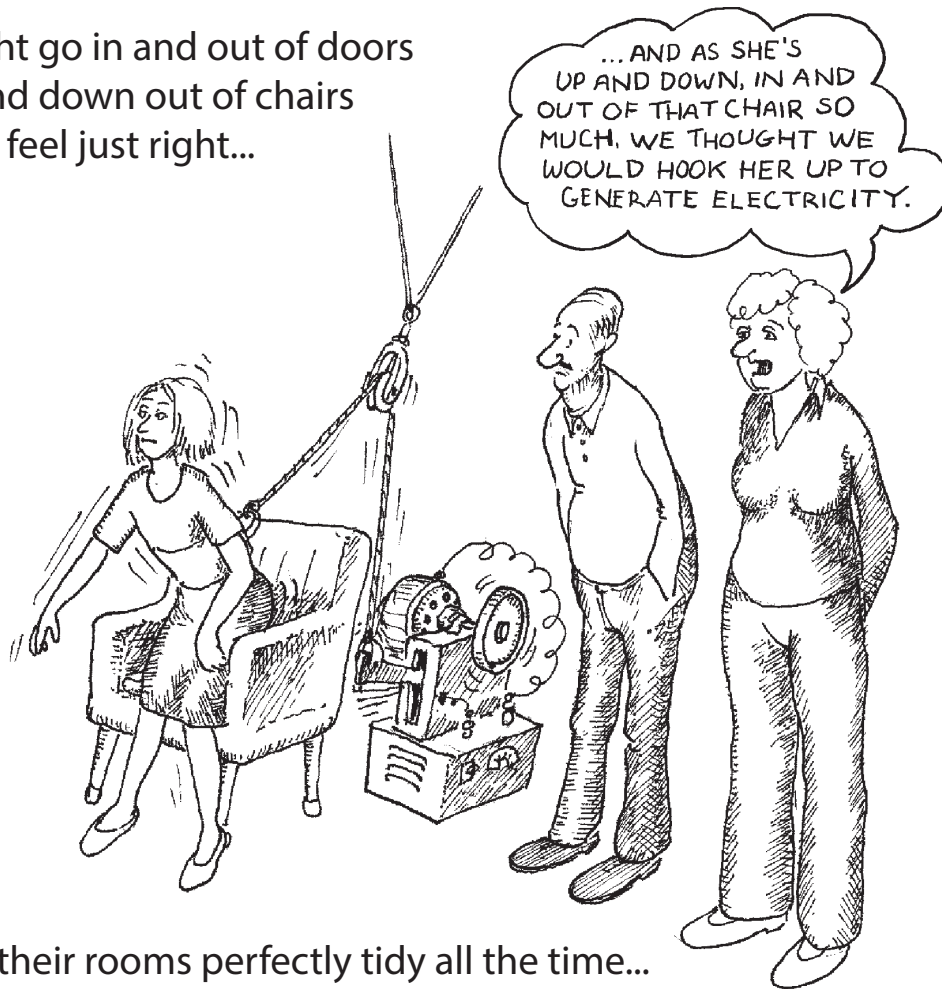
... 14, 15, 16, IF I DON'T TOUCH THE TRUCK 20 TIMES MY DAD WILL RUN OVER AN AXE AND IT WILL CUT THE TYRE AND THERE WILL BE A TERRIBLE ACCIDENT AND LOTS AND LOTS AND LOTS OF PEOPLE WILL BE KILLED AND IT WILL ALL BE MY FAULT, 17... ?? WAS 'I UP TO 17 OR WAS IT 18? ...

... I'LL HAVE TO START AGAIN... ..1, 2, 3 ...

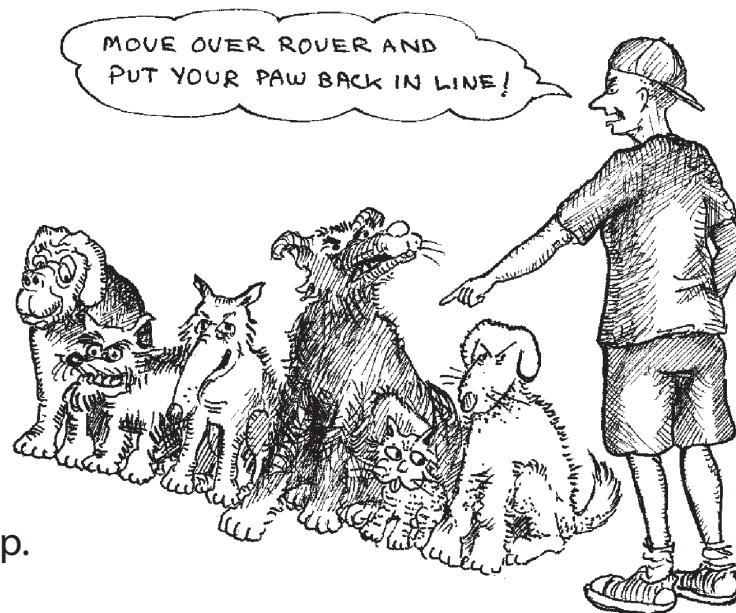


...or fear that something bad will happen to you, your family or other people you like, if you don't do a special thing.

They might go in and out of doors
and up and down out of chairs
until they feel just right...



...or have their rooms perfectly tidy all the time...



...or line things up.